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## What is claimed is:

- 1. A monomer protein comprising an amino acid sequence belonging to TGF- $\beta$  superfamily, of which cysteine related to a dimer formation of the protein has been replaced with another amino acid.
  - 2. The monomer protein according to claim 1, wherein another amino acid is an amino acid selected from the group consisting of serine, threonine, alanine and valine.
- 10 3. The monomer protein according to claim 1 or 2, wherein another amino acid is alanine.
  - **4.** A monomer protein comprising an amino acid sequence described in SEQ ID NO.: 2 of the Sequence Listing.
- 5. A method for expression by using Escherichia coli, a 15 yeast, an insect cell, or a mammal cell transformed with a plasmid comprising a DNA sequence that can express a monomer protein according to any one of claims 1 to 4.
  - 6. An agent comprising the monomer protein according to any one of claims 1 to 4 containing an effective amount of the
- 20 monomer protein for preventing and treating a disease affecting bone and/or cartilage.
  - 7. The agent for preventing and treating a disease affecting bone and/or cartilage according to claim 6, wherein the disease is osteoporosis.
- 25 8. The agent for preventing and treating a disease affecting bone and/or cartilage according to claim 6, wherein the disease is osteoarthritis or arthrosteitis.
  - 9. The agent for preventing and treating a disease affecting bone and/or cartilage according to claim 6, wherein the
- 30 disease is bone fracture.
  - 10. The agent for preventing and treating a disease affecting bone and/or cartilage according to claim 6, wherein the disease is a lack of root of teeth and a tooth socket.